



## Seacoast Village Project

**Get Smart. Get Connected. Help Each Other Out.**

### June 2021 News & Events

#### Village News

Wow! The Seacoast Village has crossed the 100-member mark!

The Seacoast Village is a project--as a member led and driven organization we are building this boat together. We are so pleased to welcome all the energetic, accomplished and enthusiastic members who have joined us recently. Member input and involvement help us to continue to shape our Village so that it both reflects our diverse interests and meets our collective needs.

As Seacoast Village members, we are taking charge of our futures by re-framing what it means to grow older and embracing independence, not as a requirement to do it all yourself, but rather as the capacity to get it done.

It takes a village to raise a child. It also takes a Village to support our needs as we grow older. Together, we're getting smart, getting connected and helping each other out.



#### Prospective Member Information Sessions (via Zoom)

**Wednesday, June 2 at 11:00am**

**Thursday, June 17 at 4:00pm**

Find out how Seacoast Village can help you maintain control over your life, stay in your home and actively participate in the community you love for years to come. Member benefits include:

- Members-only social and educational events
- Our network of trusted volunteers
- Support for other Village members through volunteerism
- Monthly email updates with Village events, community resource information, and member stories
- Preferred providers and resources

**More Upcoming Events on next page...**

## Upcoming Events: Get Smart, Get Connected

**PLEASE NOTE:** All events require advance registration. Deadline to register is the day before an event. For more event details or to register for an upcoming event, visit [www.SeacoastVillageProject.org](http://www.SeacoastVillageProject.org) and click on the “Events” tab or email [rsvp@seacoastvillageproject.org](mailto:rsvp@seacoastvillageproject.org).

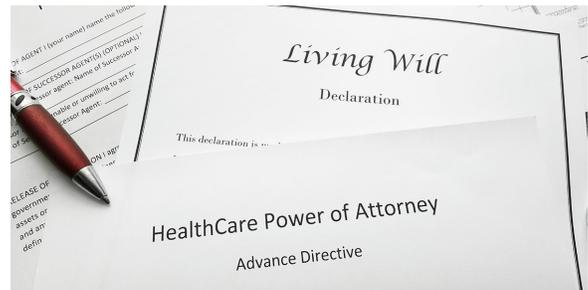
### Lunch & Learn Session "Powers of Attorney—Choosing Wisely"

*A Discussion with Attorney Andrea Sennott*

**Tuesday, June 8 @ noon via Zoom**

Attorney Andrea Sennott will share insights into how Power of Attorney documents come into play should you become incapacitated and ways you can proactively prepare your agents to represent your wishes.

The program is part of Seacoast Village Project’s monthly Lunch & Learn medical decision-making series. Upcoming Lunch & Learn topics include “Paying for Care” in July; “Taming the Health Insurance Paper Tiger—Statements, EOBs and Appeals, Oh My!” in August; “Demystifying Medicare and Medicare Supplements” in September; and “Utilizing Veterans Benefits to Pay for Care” in October. Visit the events calendar on the Village website for dates and descriptions.



### **Members Only Event**

#### **New Member Q&A**

**Thursday, June 10, 11:00am-12:00pm**

**Thursday, June 22, 4:30pm-5:30pm**

via Zoom

In these sessions, Village members will have a chance to learn more about making the most of their Village membership and to ask questions.

We'll do some "Site" seeing (i.e. get to know the Village website), review important handbook highlights and have time for a general Q&A. Please have your Member Handbook and questions handy for this session!

**More Upcoming Events on next page...**



NH Gives is a statewide giving initiative to encourage support of nonprofits like the Seacoast Village Project that are working to make our communities stronger.

Your NH Gives donation to Seacoast Village Project will increase our ability to reach new members and provide them the knowledge, resources and connections they need to remain in their homes as they grow older.

The official giving period starts at 5pm on June 8 and runs until 5pm on June 9. Throughout the 24-hour giving period there will be periodic matches of donations from a site-wide pool of \$300,000 made possible by NH Charitable Foundation. It's a great incentive to donate—no amount is too small.



### Dover/Durham Meet-up

**Tuesday, June 15 at 11:00 am via Zoom**

Join others in your area for this month's meet-up. This is a chance to make new connections, and if you aren't already a member, learn more about taking the next step.

### Members Only Event

#### Summer Solstice BYOB Picnic on the Porch

**Monday, June 21 at noon**

Carey Cottage, Portsmouth

Our first members only social event at Carey Cottage! Bring a picnic lunch and join us on the porch as we celebrate the longest day of the year. Please note there is no furniture on the porch, so please plan to bring a chair or blanket to sit on. This is an informal opportunity to meet and get to know other Village members.



### Carey Cottage Tours

**Wednesday, June 16, 10:00am**

**Wednesday, June 23 at 2:00pm**

Carey Cottage, Portsmouth

Village board member Kathy Rockwood will provide a brief historical overview of this beautiful property, followed by a tour of Carey Cottage. An optional short walk along part of the Little Harbor loop trail will be offered to anyone who is interested. Space is limited to eight participants and priority will be given to members.



## Book & Movie Discussion

Tuesday, June 29 at 7:00 pm via Zoom

Back by popular demand! Join us for a Zoom discussion to share what you're reading and to hear suggestions from others. Tell us the title of a book you're reading (or have read), the author, and why it has meaning for you. And while we're at it, what movies/shows are you watching that others might not know about?

We'll make a list of everyone's suggestions and forward it to participants after our meeting.

## Save the Date

### Members Only Event

### Bluegrass Band Summer Celebration

Wednesday, July 7, 4:00-7:00pm

14 Deer Meadow Road  
Durham Point



Join us in the riverside fields of Oyster River Farm in Durham for live music with bluegrass band Drowned Valley. Attendees are invited to BYOB and pack a picnic supper. Bring a blanket or chairs to sit on. This FREE event for members only (no guests please) is carry in/carry out.

Please note: Village members who are not fully vaccinated are asked to wear a mask to protect themselves and others.

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## Get Connected: Member Directory



### MEMBER DIRECTORY

Members can now find a directory of other active members on the Seacoast Village website. Once you are signed in, select "Member Directory" under the Members tab.

Organized alphabetically by first name for easier searching, the member directory is a great way to check out who else you might already know or to connect with another Village member.

We will continue to update this list to include expanded details such as birthdays (no years!), childhood homes, academic affiliations, professional summaries, current interests and best ways to contact each other.

Having trouble logging into the website? Call the office and a Member Services volunteer will help walk you through it.

## Did you miss an event?

Check out Events/Events Archive on our website for recordings of past programs held on Zoom!

## Volunteering: Hospitality



Do you have some pent up hosting energy after the last year and a half? Then consider joining our team of hospitality volunteers.

As the weather improves, vaccinations take hold and COVID-19 case numbers continue to fall, we anticipate hosting more in person programs and events. Volunteers are needed to help with set up and clean up at Carey Cottage and other locations around the Seacoast.

Interested in being a hospitality volunteer? Complete the Volunteer Interest Form on the website or call the office at 603-373-8429.

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## Village Member Stories

### John & Linda Woodard, Brentwood

Retired attorney John and semi-retired college search consultant Linda are new arrivals to NH. They moved into The Villages at Three Ponds, a residential association in Brentwood in November, after having lived and worked in Massachusetts for nearly 50 years.

"A lot of people like us are okay right now, but would find it helpful to know that there is something out there that is not the typical medical stuff—other things that you might need help with. There is a security to knowing that support is out there," said Linda.

"We also see our involvement with Seacoast Village as taking off some pressure from our daughter who lives in Kensington."

Read more of John & Linda's story in the Member Stories section of the Village's website.

