



**Get Smart.
Get Connected.
Help Each Other Out.**

Village News

August 2021

Thank you to the more than 40 of you who attended last month's Summer Celebration at Oyster River Farm. We're so grateful to our host and fellow member Ray Belles for welcoming us on his beautiful and historic riverside property.

Besides the lovely scenery and the wonderful bluegrass music, it was exciting to have the chance to mix and mingle and get to know so many Village members all at one event.



Last month, we also kicked off a set of regular member socials at Carey Cottage. We invite you to join us this month and enjoy the summer weather from the porch overlooking Sagamore Creek. You can find details about all of this month's socials, education programs and other events in the Upcoming Events section.



As we look ahead to the fall, we're interested in identifying spaces across the Seacoast where we could hold member socials, programs and special events.

What's a good place to gather in your town? It could be a restaurant with private rooms, a library with a community room, a park, or another place you know. Or, do you have a home or property where you'd like to host a Village event? Share your ideas with us by emailing aimee@seacoastvillageproject.org.

Lastly, we are monitoring the COVID-19 situation as it continues to evolve. Currently 100% of our members are vaccinated, but we'll be adjusting our planning and protocols as circumstances require.

Turn the page for Upcoming events...

Upcoming Events: Get Smart, Get Connected

Lunch & Learn Series

"Taming the Health Insurance Paperwork Tiger: Statements, EOBs and Appeals, Oh My!"

A discussion with Dianne McMillen of Every Day Money Matters

Tuesday, August 3, noon via Zoom

We've all been in that uneasy position - trying to untangle the many statements and bills that come in after we've had a more complicated medical encounter like a hospitalization. In this Lunch & Learn program, speaker Dianne McMillen of Every Day Money Matters will walk us through the process of sorting out the chaos – deciphering bills and statements, understanding co-pays and denials and keeping records in order for further review. This program is free and open to all.



Plein Air Sketching at Carey Cottage

Tuesday, August 10, 8:30-11:30am*

*Rain date Friday, August 13

Bring a sketch book, travel journal, pens, pencils, watercolors – whatever you like – and join us for an informal, fun 3-hour outdoor art session. We will enjoy the visual beauty of Carey Cottage and grounds through our attentive, artist eyes. All levels of experience are welcome. It is also an opportune time to meet others who are interested in art. A folding chair is recommended.



This program is free and open to all; however space is limited to eight participants.

Prospective Member Information Sessions

Wednesday, August 11, 11:00am

via Zoom

Find out how Seacoast Village can help you maintain control over your life, stay in your home and actively participate in the community you love for years to come.



PLEASE NOTE: All events require advance registration. Deadline to register is the day before an event. For more event details or to register for an upcoming event, visit www.SeacoastVillageProject.org and click on the "Events" tab or email rsvp@seacoastvillageproject.org.

Upcoming Events continued...

Exeter Area Meet-up

Wednesday, August 11, 4:00pm

Thursday, August 19, 11:00am

Exeter Mills Community Room, Exeter



Join others in the Exeter area for a meet-up in the Exeter Mills Community Room. Refreshments will be served. This is a chance to make new connections, and if you aren't already a member, learn more about taking the next step.



Members-Only Events

These regular monthly events at Carey Cottage are wonderful informal opportunities to meet and get to know other Village members. Please note there is no furniture on the porch, so please plan to bring a chair or blanket to sit on. **Please let us know you are coming by the day before** by registering on the website or by calling the office at 603-373-8429. The full calendar of events is available at www.seacoastvillageproject.org.

Member Mondays Potluck and Presentation on the Porch

Monday, August 9, 5:30-7pm

Carey Cottage, Portsmouth

Bring a dish to share and join us on the porch for dinner and a short presentation. Non-alcoholic beverages will be provided.

This month, we'll have a presentation by man of many interests and talents (and Village member) Denny Chasteen. Denny's intriguing topic will be "Listening to your inner voice: It could save your life."



Mid-Week BYO Lunch on the Porch

Wednesday, August 18, noon-1pm

Carey Cottage, Portsmouth

Bring your lunch and join us on the porch for a mid-week meet-up with your fellow Village members.



Upcoming events continued on next page...

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Fika Fridays

August 27, 10:00-11:00am

Carey Cottage, Portsmouth

Join us on the last Friday of each month for coffee and nibbles on the porch overlooking Sagamore Creek. Refreshments are provided.



New Member Q&A

Thursday, August 26, 4:00-5:00pm

via Zoom

Village members will have a chance to ask questions and learn more about making the most of their Village membership.



SAVE THE DATE

Citizen Diplomacy and the Portsmouth Peace Treaty

A presentation by Charles Doleac

Thursday, September 23 at 3:00-7:00pm

Carey Cottage Music Room

Attorney Charles B. Doleac, founder and chair of the Portsmouth Peace Treaty Forum, will present a program describing President Theodore Roosevelt's multi-track diplomacy that included the Russian and Japanese delegations, the US Navy and the New Hampshire citizens who hosted the thirty days of negotiations that resulted in the Portsmouth Peace Treaty. Theodore Roosevelt received the Nobel Peace Prize in 1906 – 115 years ago – for orchestrating the negotiations that ended what historians now call “World War Zero,” the Russo-Japanese War.



We will gather informally on the Carey Cottage porch prior to the presentation, followed by the presentation at 4:00 in the Music Room. A reception on the Carey Cottage porch will follow. This is a members-only event.

Get Connected: Tree Care Professionals

As we head into hurricane season in earnest, it's always helpful to know who you will call in the event you have storm damage to the trees on your property. If you are worried about overhanging or dead limbs, now is a good time to have them taken care of.



The Preferred Provider Database, which is available to members, has listings of several tree care professionals that have been used, loved and recommended by other Village members. Log in to the Village website to find the list and contact details.

Volunteering: Storm Response Team



Be part of our Storm Response Team of volunteers. If a significant storm is predicted, our Storm Response Team volunteers assist members who've asked for help preparing with tasks such as putting away outside furniture, moving flower pots, and performing other basic safety checks.

During storms, our Storm Response Team makes calls to check on members who've asked for check-ins and will return to help reinstall patio furniture and the like once the storm danger has passed.

Interested in volunteering to be part of this team? Complete the Volunteer Interest Form on the website or call the office at 603-373-8429. Members who would like assistance from the Storm Response Team should call the office to be added to our list.

Village Member Stories

Angela Hiley, Durham

Angela and her husband David moved to Durham in 1999. Before retiring, Angela wore many hats professionally, including working for FedEx Corporation. Now, she's active in a variety of activities locally and loves to travel internationally.

"I like the idea of helping others when we don't need help. . . and when we need help, knowing that it will be available. We want to stay in our home and manage as long as we can. It makes sense to have an organization like Seacoast Village Project that can be there to provide support. It is comforting." You can read more of Angela's story in the Member Stories section of the Village's website.

